

**Name, Degrees, Certifications  
Rank, USPHS  
DA Employee ID  
Address  
Phone Number  
Email  
Curriculum Vitae Month Year**

**Cover Page**

**Performance**

Accomplishments:

- Scientific planner for 2009 SW region conference "Mothers and infants: Care together".
- Consultant on maternal child health issues within state and American Public Health Association (APHA) Maternal Health.
- Published two articles in peer-reviewed journals on health promotion for mothers.
- Creator of Quality Improvement plan toward more efficient recruiting strategies for FDA.
- Associate instructor for Maryland Red Cross disaster training (two classes).

Leadership Attributes:

- Participating Member of Healthy Workforce Taskforce. Subcommittee Co-Chair on Motivation.

Mission Contributions:

- Assisted in coordination of BOTC Training
- Extensive knowledge and contacts regarding DHHS and non-DHHS agencies.

**Education, Training, and Professional Development**

- Certificate in Public Health; DC JUN 2013
- MS (partial-20 of 32 hours) College of St. Joseph, Standish, ME 2013 in progress
- BSN Bay State University, Dayton, OH 1993

Total CE Hours 2016: 142 HOURS

- Registered Nurse, State of Maryland DEC 2018 expiration
- Red Cross Disaster Training FEB 2008
- AHA HCP BLS course AUG 2017 expiration
- Advanced Cardiac Life Support 2009-2011
- Basic Trauma Life Support JUN 2009
- National Certification of Emergency Nursing (CEN) 2009-2011

**Career Progression and Potential**

Title	Agency / Location	Pay Grade	Billet Level	Dates
Chief, Nursing Services	HRSA Washington, DC	O-5	O-6	JUL 2002 - present
Senior Recruiter	FDA HQ Rockville MD	O-5	O-5	JUN 1997 - JUN 2002
Community Health RN	IHS Blackfeet Billings, MT	O-4	O-4	APR 1995 - MAY 1997
Staff Nurse	IHS Fort Belknap Billings, MT	O-3	O-3	AUG 1993 - MAR 1995

Collateral Duties: Maryland State Nurses Association Task Force on Worker Safety

**Professional Contributions and Services to the PHS Commissioned Corps**

- Sponsor to three new officers at the IHS Blackfeet Service Unit, Billings, MT
- Volunteer for projects in the IHS Billings Service Unit Headquarters Office
- Volunteer alto singer with performance by local PHS Chorale Ensemble

**Basic Readiness**

- Completed requirements for Basic Level Readiness and remain current
- Deployment Role: Nurse. Maintain Clinical Hour requirement through weekend work at VA
- Completed Field Medical Readiness Badge in 1999
- Volunteered for deployment to Hurricane Katrina
- Participated in a 5K Community Run in 2016

**Education**

**Masters of Science, Education (partial 20 of 32 hours credit)**

College of St. Joseph Distance Learning Program  
Standish, ME

JUN 2013

**Bachelor of Science, Nursing**

Bay State University  
Dayton, OH

DEC 1993

**Licensure**

Registered Nurse, State of Maryland

DEC 2018 expires

**Certification**

Certificate in Public Health, American University, DC  
National Certification of Emergency Nursing (CEN)

JUN 2013  
2009 - 2011

**Training**

AHA HCP BLS course  
Advanced Cardiac Life Support  
Red Cross Disaster Training

AUG 2017 expires  
2009 - 2011  
FEB 2008

**Uniformed Service Education/Public Health Training**

BOTC/IOTC-3 days  
US Public Health Service, Rockville, MD

JUN 2004

Field Medical Readiness Course, 5 days  
US Public Health Service, Bethesda, MD

JUN 1999

**Special Skills**

- PHS Personnel System working knowledge of Agency assignment and selection Promotion process
- Master's degree in Human Resources, pending
- Extensive knowledge and contacts regarding DHHS and non-DHHS Agencies

**Professional Experience**

**Chief, Nursing Services (CDR – +06 Billet)**

JUL 2002 - Present

Maternal Child Health-Awards Division (MCHD)  
Bureau of Primary Health Care, HRSA, Washington, DC

- Supervise Headquarters Nursing Staff (2 PHS officers and 2 civil service staff; 1 intermittent contract clerical staff)
- Primary author on two national reports on access to healthcare which defined recommended criteria for grant applications
- Consultant to 5 MCHD sites in the US regarding appropriate staffing models
- Personnel management for 165 PHS Officers including career development advice
- Collateral duty Co-chair of FDA Wellness in the Workforce Committee serving 8,000 workers
- Volunteer and participant for Nurse PAC Mentoring Committee for two years
- Detail support activities to OSG office for 2 weeks
- DHHS Annual Hispanic Month-Planning Committee member (one of 12 members)

**Senior Recruiter (CDR – 05 Billet)**

JUN 1997 - JUN 2002

FDA Headquarters, Rockville, MD

- Personnel recruitment of 12 PHS officers and 33 civil service staff in three years
- Speaker at FDA Orientation training classes (2-days long) provided 4 times a year

- Consultant to FDA Department Heads on personnel management issues at quarterly meetings
- Website Management of FDA recruiting webpages (14 pages) at <http://www.fda.gov/recruit.html>.
- Resource person at national conference booth doing FDA recruiting
- Authored a new recruiting brochure used by headquarters and regional offices
- DC-COA member since 1997

**Community Health Nurse (LCDR – O4 Billet) AUG 1995 - MAY 1997**

Blackfeet Reservation, IHS, Billings, MT

- Head Nurse for Adult STD clinic seeing 2,100 patients a year
- Medical Records reviewer for quality assurance projects (25% of all records/yr)
- Collaboration of patient healthcare with neighboring community health centers
- Clinical assessment, venipuncture, and health education skills

**Staff Nurse (LT – O3 Billet) JUN 1993 - JUL 1995**

Fort Belknap Service Unit, IHS, Billings, MT

- Provided nursing care in general medicine clinic
- Educated on nutritional aspects of good health
- Staffed Wolf Point Clinic when on urgent basis when staffing low

**Former Military Service**

**Sick Bay Manager MAR 1987 - AUG 1989**

Naval Hospital Charleston Detachment, Raleigh, NC

- Managed/coordinated health requirements of 2000 reservists to meet naval standards, seven days a week
- Command Instructor First Aid Class for 30 shipboard personnel three times a year

**Training Officer MAR 1985 - FEB 1987**

Naval Hospital San Diego Detachment, Salt Lake City, UT

- Coordinated/directed refresher medical training for 33-member medical unit
- Instructor Corpsmen and Command medical courses given every other month

**Uniformed Services Award**

Presidential Unit Citation	PHS	2015
Achievement Award	PHS	2009
PHS Citation	PHS	2006
CC Training ribbon	PHS	2004
Achievement Award	PHS	2003
Bicentennial Unit Commendation	PHS	1999
Field Medical Readiness Badge	PHS	1999
Unit Commendation	PHS	1998
Navy Reserve Special Commendation	USN	1989
National Defense Service Medal	USN	1988
Navy Good Conduct Medal	USN	1987

**Other Awards/Commendations/Letters of Appreciation**

Letter of Appreciation, PHS	2002
Chief Nurse Officer Award, PHS	2001
Letter of Commendation, PHS	2001
President's Choice Fitness Award	2000
Children's Hospital Volunteer Award, Ft. Wolfe Community	1995
Ohio State Scholarship	1992 - 1993
Letter of Appreciation, USN	1986

**Professional Memberships**

Association of Military Surgeons of the United States - Life Member	2000 - present
ROA member- Life Member	1996 - present
COA National and Local Branch member	1995 - present
ANA member	1993 - 2005

**PHS Support Activities**

Office, Surgeon General, part-time staffing	2004 - present
Nurse PAC Mentoring Committee member	2005 - present
DHHS Annual Hispanic Month Planning Committee	2001
Attend COA conference	1998 - present

**Outside Activities (Civic and Community)**

Habitat for Humanities, Montgomery County, MD	2008 - present
Science Fair Judge, Montgomery County, MD	2005
Volunteer Health Speaker, Watkins Mill Middle School, Kensington, MD	2003
6 <sup>th</sup> Grade Religion Instructor, St. Francis Parish, Billings, MT	1995 - 1997

**Publications/Presentations**

**Publications**

1. Community guidelines on breastfeeding in the workplace. Karlson WG, Sample IA, Barker LP, et al. AJPH. The American Journal of Public Health, June 2009;95(No. 6):1067-8.
2. Maternal behaviors towards infants with low-birth weight. Sample IA, Henderson PP, Bush LB, and the HRSA Department Educational Team. Maternal and Child Health Journal. September 2008;8(No. 3):98-106.
3. Unique Scientific Opportunities at FDA. FDA brochure. May 2000. Lead author for content and format.

**Presentations**

<b>Career Opportunities in the USPHS – Lecture to Students</b>	NOV 2008
Pharmacy & Nursing Schools, Hampton University, VA	

<b>Career Opportunities in the USPHS</b> –Various staff	
6 <sup>th</sup> Army AMED Rct Cmd, Headquarters, Denver, CO	JAN 2006
HCFA Executive Committee, HCFA Headquarters, Baltimore, MD	NOV 2002
Nursing Faculty, University North Las Vegas, Las Vegas, NV	NOV 2000

**Continuing Education - Year**

**TOTAL 142 Continuing education hours**

*Conferences*

JAN 24	Federal Services Quality Leadership Course Washington, DC	(2.5 CEU)	25 CE hours
MAY 1-4	NDMS Conference Houston, TX	(3.0 CEU)	30 CE hours
JUN 1-2	Current Issues in Indian Health Policy Atlanta, GA	(16 contact hours)	16 CE hours
JUN 5	Global Health Summit Philadelphia, PA	(8 contact hours)	8 CE hours
JUN 6-9	Commissioned Officers Association Meeting Philadelphia, PA	(4.0 CEU)	40 CE hours

*Lectures/Seminars*

JAN-MAR	Curriculum Development towards MS College of St. Joseph, Standish, ME	(1 acad semester)	15 CE hours
JUN 21	Diversity Training for Employees Washington, DC	(2 contact hours)	2 CE hours

*Webcasts/On-Line course*

FEB 10	Mass Antibiotic Dispensing Webcast: Managing Volunteer Staffing Strategic National Stockpile, CDC, Atlanta, GA	(2 contact hours)	2 CE hours
MAR 30	Recognition of Chemical-Associated Gastrointestinal Foodborne Illness Webcast	(4 contact hours)	4 CE hours

**Or via table format**

*Year Continuing Education*

<b>Date</b>	<b>Conference or CE</b>	<b>Location</b>	<b>CE Hours</b>
	Add as many rows as needed		