



U.S. Public Health Service Nursing
TIP OF THE MONTH
Continuing Education and Certifications
JULY 2018



Improving Practice through Nursing Continuing Education

In order to remain current and renew their professional licenses, USPHS nurses are to continue and enhance their nursing education. Before participating in any continuing education program or offering, nurses should first ensure it is approved by one of the credentialing agencies recognized by their respective state licensing agency. Many nursing professional continuing education courses are measured by CEUs which comply with most states continuing education and licensing requirements. One Continuing Education Unit (CEU) equals ten contact hours. A contact hour is usually defined as 50 or 60 minutes of instruction of a board approved nursing continuing education course or activity. Many states require a certain number of contact hours for license renewal and some have specific continuing education requirements related to particular clinical topics. It is important that you check with your state for relicensing requirements and auditing process.

For additional CEU information: <https://www.allnursingschools.com/articles/nurses-continuing-education>

Free CEU Opportunities

There are many methods to obtain CEU's in your area of practice. Here are some free CEU examples:

- Preventive Health Care: <https://nursece4less.com/Preventive-Health-Care-Ceu>
- Empowering Your Nursing Career: <https://www.nurse.com/ce/empowering-your-nursing-career>
- Healthcare Worker Fatigue: Too Tired to Care: <https://www.nurse.com/ce/healthcare-worker-fatigue-too-tired-to-care>
- Pain Management: <https://www.nursingce.com/ceu-courses/pain-management>
- Substance Abuse and Addiction: <https://www.nursingce.com/ceu-courses/substance-abuse>
- Infection Control: <https://www.nursingce.com/ceu-courses/infection-control>
- Mental Health for Veterans: <https://www.nursingce.com/ceu-courses/Mental-Health-for-Veterans>
- Multiple Myeloma– Penn State: <https://learning.freecme.com/a/28188P2GoqxE?newsession=true&ee=tester=true>

Certifications

Certifications are also an important way to improve your nursing practice, be more qualified, possibly make more money, demonstrate success and gain a competitive edge. It can also help increase confidence, skill, and improve your discipline. Certifications are also one of the suggested requirements for promotion potential. https://dcp.psc.gov/ccmis/PDF_docs/2017-NURSE-Benchmarks.pdf

Certifications may include:

- <https://cca.hawaii.gov/pvl/files/2013/06/BON-CCG-INFO-2017.pdf>
- CCRN-AACN (American Association of Critical Care Nurses) <https://www.aacn.org/aboutaacn/contact-us> Email: certcorp@AACN.org
- BC-ADM — Board Certified-Advanced Diabetes Management -AADE (American Association of Diabetes Educators) Email: info@ncbde.org
- CGRN -ABCGN (American Board for Certification of Gastroenterology Nurses) Email: info@abcbgn.org
- CNRN® SCRNP® -ABNN (American Board of Neuroscience Nursing) Email: info@abnncertification.org
- COHN- (American Board for Occupational Health Nurses) Email: info@abohn.org
- LNCC®- ALNCCB (American Legal Nurse Consultant Certification Board) Email: info@lncertified.org
- CCRC—(Certified Clinical Research Coordinator Association of Clinical Research Professionals) Email: certification@acrpnet.org
- CEN-BCEN - (Board of Certification for Emergency Nursing) Email: bcen@bcencertifications.org
- OCN — (Oncology Nursing Certification Corporation) Email: oncc@oncc.org
- WOCNCB - (Wound, Ostomy, Continence Nursing Certification Board) Email: info@wocncb.org
- CPN – Certified Pediatric Nurse or PNCB (Pediatric Nursing Certification Board) Email: service@pncb.org
- CRNO- National Certifying Board for Ophthalmic Registered Nurses Email: ncborn@aao.org
- CPAN® -(American Board of Perianesthesia Nursing Certification) Email: abpanc@proexam.org

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TO REQUEST A MENTOR

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