

## Resources for BLS Certification (Renew BLS: Every 24-months and before expiration of previous certification)

## Places to Look

- Your federal agency (usually free)
- Other federal and military instillations (usually free)
- Local hospitals
- Emergency Medical Service (EMS) facilities
- Facility where clinical hours are performed
- Local Community Health Centers and/or Federally Qualified Health Centers
- Junior Officer Advisory Group (JOAG) Readiness & Deployment Workgroup https://dcp.psc.gov/osg/JOAG/committees\_readiness.aspx
  - Scroll to the bottom of the page for the readiness calendar
  - o Find desired date
  - Single click on activity link for window to expand with course information
- American Red Cross <a href="http://www.redcross.org/">http://www.redcross.org/</a>
  - Select tab "Training & Certification"
  - Then click "BLS"
  - Enter city and state
  - Finally, select "Find Classes" for a list of local classes
  - \* See "Edit My Choices" to change class, location, day and time.
- American Heart Association <a href="http://www.heart.org/HEARTORG/">http://www.heart.org/HEARTORG/</a>
  - Select tab "CPR & ECC"
  - Select "What Type of Training Do You Need?"
  - Then select "Locate US Training Centers" or "Locate International Training Centers"
  - Finally, enter your location and search for local classes

## **Become an Instructor**

- See the American Heart Association website at: <u>http://cpr.heart.org/AHAECC/CPRAndECC/Training/AHAInstructors/UCM 476669 AHA-Instructors.jsp</u>
- See the American Red Cross at http://www.redcross.org/
  - Select tab "Training & Certification"
  - Select "Find Classes"
  - Under "Select a Class Type", select "Instructor Training"
  - Enter a location
  - Select "Find Classes"

## How to Document Your Updated BLS Certificate:

 Detailed instructions on completing administrative steps for the BLS Readiness Requirement can be found in the <u>Readiness, Down-to-Basics</u> document located on the <u>CCMIS website</u> under "Readiness"
→ "Essentials" → "Readiness Essentials" subsection.