



Dental Professional Advisory Committee (DePAC)  
U.S. Public Health Service

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LISTSERVE\***

**\*\*CONTACT INFORMATION IS PROVIDED BELOW\*\***

**Promotion Benchmark #3:**  
**Career Progression and Potential 25%**

Dear Dental Officers,

Here are some tips and tricks to help you score well with the promotion boards in your third benchmark:

1) **Always look at your career in the long term.**

Picture where you want to be 5 to 10 years from now and tailor your career to get there.

2) **Network, network, network.**

Be active in DePAC, Junior Officers Advisory Group, or other PHS sponsored activities to establish a network of friends. There are also several opportunities for involvement in non-PHS professional organizations related to our career choice. You never know how or when that may open doors for career progression in the future. These may be the same people contacting you for open positions.

3) **Seek out collateral duties.**

These may help with awards but will also help when applying for future jobs. Most employers want well-rounded officers. This also demonstrates your ability to handle multiple tasks and shows you are potentially ready for a job with additional duties and responsibility.

Participate in the dental category listserv to see the most current dental vacancy listings because you never know when an opportunity may arise.

Yours in Service,

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Connect with the DePAC:

[DePAC Website](#)

