

EPAC MENTORING PROGRAM
Mentor/Mentee Agreement

We understand that each of us is responsible to:

- Maintain the confidentiality of what we say to each other, as appropriate
- Set realistic and challenging goals for this relationship
- Meet regularly at the times we agree on
- Give each other honest feedback
- Submit an email to epac.mentoring@gmail.com at the end of the year indicating preference to continue the contact for another year, request of a new mentor/mentee for the upcoming year, or choice to cycle out of the program for the upcoming year.
- Notify the Matching Lead if one of us wishes to dissolve the mentoring relationship prior to the end of the year.

The mentee is responsible for:

- Contacting the mentor and proposing the meeting schedule
- Submitting this form to the EPAC Mentoring Program at epac.mentoring@gmail.com once completed, but no later than three months after being matched.
- Following up on the tasks agreed on

The mentor is responsible for:

- Providing coaching and counseling, but not advocacy
- Being unbiased about the mentee's situation
- Providing constructive suggestions for the mentee's career development
- Helping the mentee set goals and strategies to achieve them

Goals for the current year:

- _____
- _____
- _____

Meeting frequency (monthly, bi-monthly) and relationship duration (minimum 1 year):

Mentee's signature

Date

Mentor's signature

Date