

Sponsored by the Chief Engineer, Council of Captains, and EPAC Career Development

> November 18, 2021 3PM EST

# DEVELOPING YOUR PROFESSIONAL NETWORK

#### **EPAC Senior Officer Panel**

Moderator: LCDR Will Chang

Panelists: CAPT David Harvey CAPT Jill Hammond CAPT Michael Stover CAPT Stephen Martin



- Housekeeping and Disclaimers
- Purpose of Today's Panel
- Introduction of Panelists
- Building Your Professional Network
  - Early Career Networking
  - Mid-Career Networking
  - Late Career Networking
  - Remote Networking
  - Poll Questions
  - > Q & A
- Network Resources
- Upcoming Events



#### Housekeeping

- Session recorded for posting on EPAC website
- Attendees muted by default
- Questions may be taken at both the end of the individual sections and overall session, as time permits
  - Questions generally applicable to the Engineer category or officers across various agencies (not the venue to raise questions specific to an individual or agency)
  - Can follow-up afterwards with officers for questions not addressed in this session
- For questions, please unmute or utilize chat



#### Disclaimers

- The views expressed in this session are based on the panelists' experiences and may not be representative of official policies of the Category or USPHS.
- Officers should utilize official resources on the EPAC and CCMIS websites.
- Officers are encouraged to seek information and guidance on network development from mentors, supervisors/management, peers, senior officers, professional organizations, and other relevant resources.



#### Purpose of Today's Session

- Hear from senior engineers representing various engineering disciplines, backgrounds and agencies
- Today's panelists will provide unique insights and information on the topic of building professional networks that may not be available online.
- The session will provide considerations for you to contemplate, not hard answers on what's right for you and your specific situation.
- You are responsible for your career and must tailor your plan and decisions to meet your personal and professional goals.
- Discussing your situation with peers, your supervisor, or a mentor is a great way to learn from others' experience and gain valuable guidance
- Today's panelists, other members of the Council of Captains, and other senior engineers are great potential resources for networking support.



#### **CAPT David Harvey**

- 23 Year USPHS Active Duty
- Chair, Engineer Professional Advisory Committee (2018)
- Chair, Recruitment & Retentions Subcommittee (2016-2017)
- Professional Employment History:
  - 1995 to 1998 PRIDESA (Engineering Consulting Firm)
  - 1998 to 1999 US Filter (Equipment Manufacture)
  - > 1999 to 2000 SAMHSA Supervisory Hospital Facilities Engineer
  - > 2000 to 2006 IHS Consultant/Senior Environmental Engineer
  - > 2006 to 2013 EPA Environmental Engineer
  - > 2013 to Present IHS Deputy Program Director





#### **CAPT Jill Hammond**

- 13 Years-Commissioned Corps
- Corps assignments with DHS and FDA
- Chair, Engineer Professional Advisory Committee (2015)
- Chair, EPAC Career Development Subcommittee (2013-2015)
- Current Position: Program Manager, FDA/CDER Office of Compounding Quality and Compliance (OCQC) and Training Lead, Compounding Quality Center of Excellence
- Prior civilian experience: Process, Manufacturing and Product Engineers in Specialty Materials (Corning Inc.) and Telecommunications (Corvis Corporation)
- B.S. in Chemical Engineering, Master of Public Health (MPH), Public Health Leadership and Global Health Certificates



## CAPT Michael Stover, P.E., R.S

- 29 years in the Commissioned Corps
- Corps assignments with IHS (Michigan, Alaska, Maine, New York, California, Arizona) and EPA (Boston, MA)
- Current Position: EPA Region 1 Indian Program Manager
- Previous Positions: IHS District Engineer, Engineer Consultant, Senior Field Engineer, and Field Engineer at various IHS duty locations
- Engineers Without Borders volunteer since 2005 designing and constructing drinking water systems in rural El Salvador and Tanzania.
- B.S. in Civil Engineering, M.S. in Environmental Engineering, Professional Engineer (MA, NY), Registered Sanitarian (AZ)





#### **CAPT Steve Martin**

- 24 Years in the Commissioned Corps, including credit for 3 years civil service time prior to call to active duty
- Entire career has been spent in the same division at CDC/NIOSH in Morgantown, WV.
- Supervisory Positions Held: None
- Current Position: Senior Research Engineer in the NIOSH Respiratory Health Division/Field Studies Branch and Ventilation Lead for the CDC COVID-19 Response.
- P.E. (Professional Engineer)
- B.S in Chemical Engineering, M.S. in Environmental Engineering, Ph.D. in Architectural Engineering (Mechanical Systems focus)





#### Poll Question # 1

How long have you been in the Commissioned Corps? (select one)
A. Early (0-5 years)
B. Mid (6-14 years)
C. Late (15+ years)



#### Poll Question # 2

What do you think is the most important reason to build a professional network? (select one)

- A. Promotion Potential
- B. Career Development
- **C.** Job Opportunities
- D. Social Interaction
- E. Deployments



Importance of Developing Your Professional Network

- Networking allows access to opportunities you might not be able to find on your own.
- Networking will help develop and improve your skills.
- Your network has the potential to provide insight into different career paths, information on potential jobs and advice on how you can improve professionally.
- Networking is a win-win for you and for those with whom you network - your diverse PHS background and experience has great value!





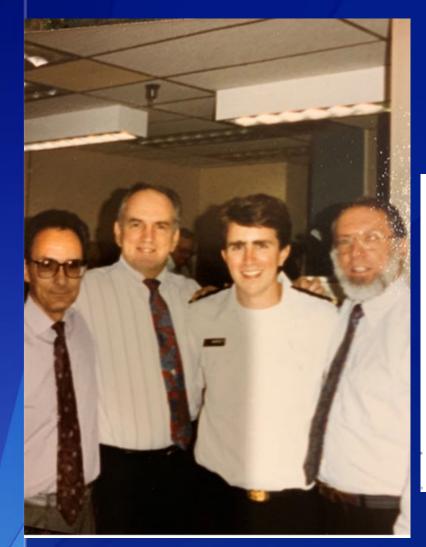
#### Benefits of Developing Your Professional Network

- ✓ Exchange ideas
- Become noticeable
- Obtain new opportunities
- Reassess qualifications
- ✓ Improve intellect
- ✓ Solicit support
- Increase self-confidence
- Develop long-lasting relationships









#### 1992 COSTEP HHS OASH Division of Health Facilities Planning

PERM GRADE: 0-1 (ENSIGN) JR.ASSISTANT HEALTH SERVICES OFFICER CATEGORY: HEALTH SERVICES OFFICER CORPS: RESERVE ACTIVE-NTE 120 DAYS

COSTEP TRNG: ENGINEER OFFICER COSTEP GRAD DATE: 06-01-93 TRNG STAT: IN-SERVICE JR COSTEP APPT DATE: 05-20-92 CALL TO ACTIVE DUTY: 05-20-92 HOME OF RECORD: KENNEBUNK ME ON CAD DATE WILL PROCEED FROM: ORONO ME 04469 REPORT TO NEW DUTY STATION NOT LATER THAN 0900 HOURS ON 05-22-92 NEW ORGANIZATION: OASH, OM, OFFICE OF RESOURCE MANAGEMENT, DIVISION OF HEALTH FACILITIES PLANNING, PLNG & REVW BR ADMINISTRATIVE CODE: HAU432 STATION: PARKLAWN BLDG., RM 17A-10 5600 FISHERS LANE, ROCKVILLE, MD 20857





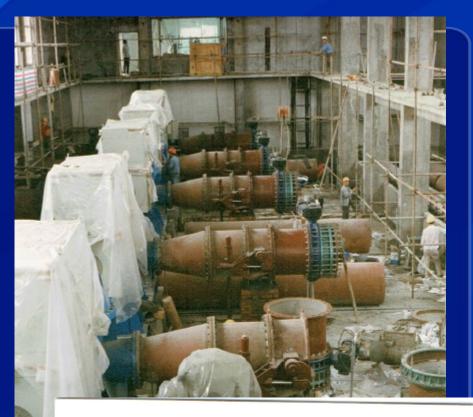
TRATAMIENTO DE AGUAS

David &. Harvey CIVIL ENGINEER PROJECT ENGINEER

Josė Luis Goyoaga, 36 - 2.° Telephone: +34 - 4 - 417 50 33 Fax: +34 - 4 - 467 64 06 e-mail: pridesa@coiib.es

Apartado 77 48950 ERANDIO (Vizcaya)





戴维·哈尔维

工 程 部 土建工程师

西班牙比斯开省境拉迪奥 48590 何塞·鲁伊斯·戈约阿加大街 36号 3°-4° 电话: +34 - 4 - 417 50 33 传真: +34 - 4 - 467 64 06 电传: 34213 DES E

邮编:283 毕尔巴鄂市48080







ENGINGERING



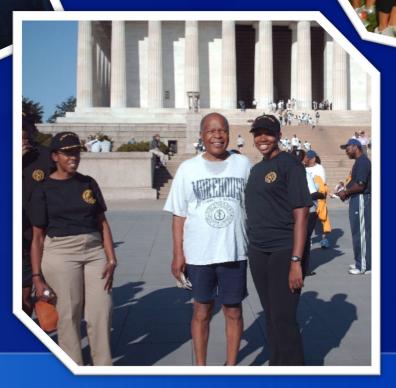


















Loam what leadership is really all adout. Develop al career plan that includes leadership development Amerikanska kanderska skale skale skale skale skale skale skale kanderskale skale sk

ange plan mar anazwe kennang development heer how leaders have developed mar sale, and per a jump on all hose who their great leaders are just how next must

Who Should Attend: All Public Health Service Who should Attant: All Hutler Health Service Engineers and Architects repardless of agency, discipline or personnel system. What to expect: New sessions and topics with a new group of highly regarded speakers Session Topics Include:

Benefits of Professional Organizations

lih 1@cdc.gov

Ztl7@cdc.gov

Leadership During Crisis Situations ca Leaderson p Lunng Units Sour ca Conflict Management ca Making Difficult Decisions ca Ethical Challonges ca Leaduro a move nitiforent ca Landar Gromeniges ca Leading a group different from yourself ca Team Work

63 62 62

Tucson, Arizona

Hilton El Conquistador in Tucson, Arizona http://www.hiltonelconquistador.com

April 21 to 24, 2003

This seminar is the follow-up

available in the near future



#### HEALTHIER WORKPLACES | A HEALTHIER WORLD

West Virginia Branch

Officers Association



- ✓ Obtain a Mentor
- ✓ JOIN professional organizations:
  - EPAC, SAME, COA, JOAG, BCOAG, AIChE, SWE, ASME, ASQ, ASCE, AWWA, EWB, APHA, ASHRAE, AIHA, ACGIH and others
- Pursue continuing education to broaden skills and engage with other professionals
- Engage in social, recreational and community outreach activities

EPAC Mentor / Mentee Pairing Questionnaire	
Hello,	
To provide the best mentor/mentee match, the EPAC Career Development Subcommittee would like you to complete this questionnaire. Feel free to add additional detail/requests on the second page and we will do our best to match you.	
NAME:DATE:	
Rank: Select Rank Date of Last Promotion:	
Current Agency: Select Agency 💌 Job Title:	
Current Location: Work email:	
Degree: Select Degree Advanced Degree: Select Advanced Degree	
Please tell us something you like to do on your time off:	
L What are you hoping to gain most from this relationship as an officer and/or as an engineer?	
Career guidance/advice	Ŧ
Now that we have some information about you, please tell us about your Ideal Mentor:	
Agency preference: Other T Engineering discipline: No Preference T	
Professional Engineer: Yes 🔘 No preference 💿	
Professional Engineer: Yes No preference  Ust other factors you are seeking in a mentor such as PhD, advanced degrees, certifications, gender or race or ethnicity preference, geographical preference, rank preference, etc.:	



#### Poll Question # 3

Where do you feel your network is strongest? (select one)

- A. Your agency/OPDIV
- **B.** Other agencies/OPDIVs
- c. Specialty/field
- **D.** Community
- E. I am still working to build a network











#### Applied Public Health Team #4: Fort AP Hill Training, August 2009





PHS Cares

USPHS Cares!

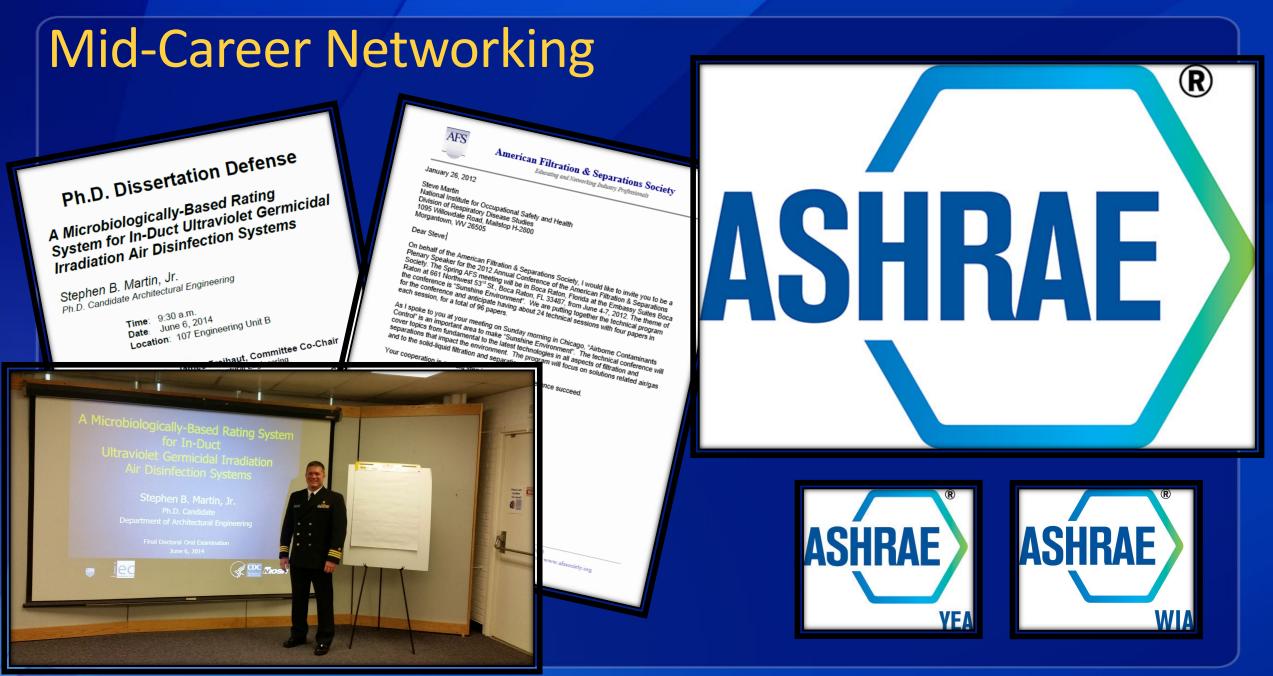














- Contribute actively in professional organizations
  - Participate with EPAC Subcommittees
  - Present as a Subject Matter Expert
- Use network to manage career
  - Gain information on job openings, hidden professional opportunities
  - Prepare for promotions
- Become Mentor to junior officers





#### Poll Question # 4

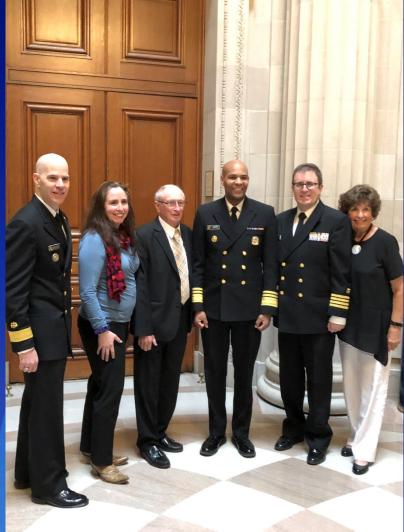
How do you engage with your professional network? (select all that apply)

- A. LinkedIn
- **B.** Conferences
- **C.** Professional organizations
- **D.** Individual interactions (in person/call/text/email)
- E. Social/recreational activities
- F. Volunteer engineering organizations/committees



#### Late Career Networking









CLAPP

State.















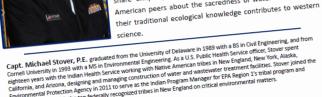


Keynote Lecture Integrated Learning Center Room N151 10:45 AM Saturday September 7<sup>th</sup> 2019 Environmental and Water Resources Engineering Program (EWRE), School of Earth and Sustainability (SES), School of Public Health and Health Sciences, College of Natural Sciences, UMass Water Resources Research

North East Graduate Student Water Symposium

NEGSWS





Late Career Networking

UMass campus to share the insight he has gained from working with indigenous communities in North America. His discussion will draw on 27 years of experience to present some of the many challenges facing tribal communities in the United States and Canada, including water scarcity, the degradation of water quality, jurisdictional barriers to selfdetermination, and the resultant impacts on lifeway and sustenance practices of the native peoples. Capt. Stover will share unique perspectives he has learned from his Native American peers about the sacredness of water and the ways

SACRED WATER: PERSPECTIVES FROM WORKING WITH NATIVE AMERICAN COMMUNITIES MICHAEL STOVER NEGSWS is honored to welcome Capt. Michael Stover to the



their traditional ecological knowledge contributes to western

Salmon Fish Tissue Collection, DNA Extraction Band of Maliseet Indians nd Genomics Study

lolastog Watershed

Ultraviolet Disinfection

Healthcare Associated

Infections: Defining

Metrology Needs

Standards and

Technologies &



US DEPARTMENT OF HEALTH AND HUMAN SERVICES CENTERS FOR DISEASE CONTROL AND PREVENTION National Center for HIV/AIDS, Viral Hepatitis, STD and TB Prevention **Division of Tuberculosis Elimination** 

**ADVISORY COUNCIL FOR THE ELIMINATION OF TUBERCULOSIS** 

ANSI/ASHRAE Standard 185.1-2020 (Supersedes ANSI/ASHRAE Standard 185, 1-2015) Includes ANSI/ASHRAE addenda listed in Appendix I

ASHRAE

Method of Testing UV-C Lights for Use in Air-Handling Units or Air Ducts to Inactivate Airborne Microorganisms



including procedures for ns for how to submit :

ANSI/ASHRAE Standard 185.2-2020 (Supersedes ANSI/ASHRAE Standard 185.2-2014) Includes ANSI/ASHRAE addenda listed in Appendix E

w.ashrae.org) or from shrae.org. Fax: 678-539anada). For reprint pe



Method of Testing **Ultraviolet Lamps for Use in HVAC&R** Units or Air Ducts to Inactivate Microorganisms on Irradiated Surfaces

See Informative Appendix E for approval dates.

This Standard is under continuous maintenance by a Standing Standard Project Committee (SSPC) for which the Standards Committee has established a documented program for regular publication of addenda or revisions, including procedures for timely, documented, consensus action on requests for change to any part of the Standard. Instructions for how to submit a



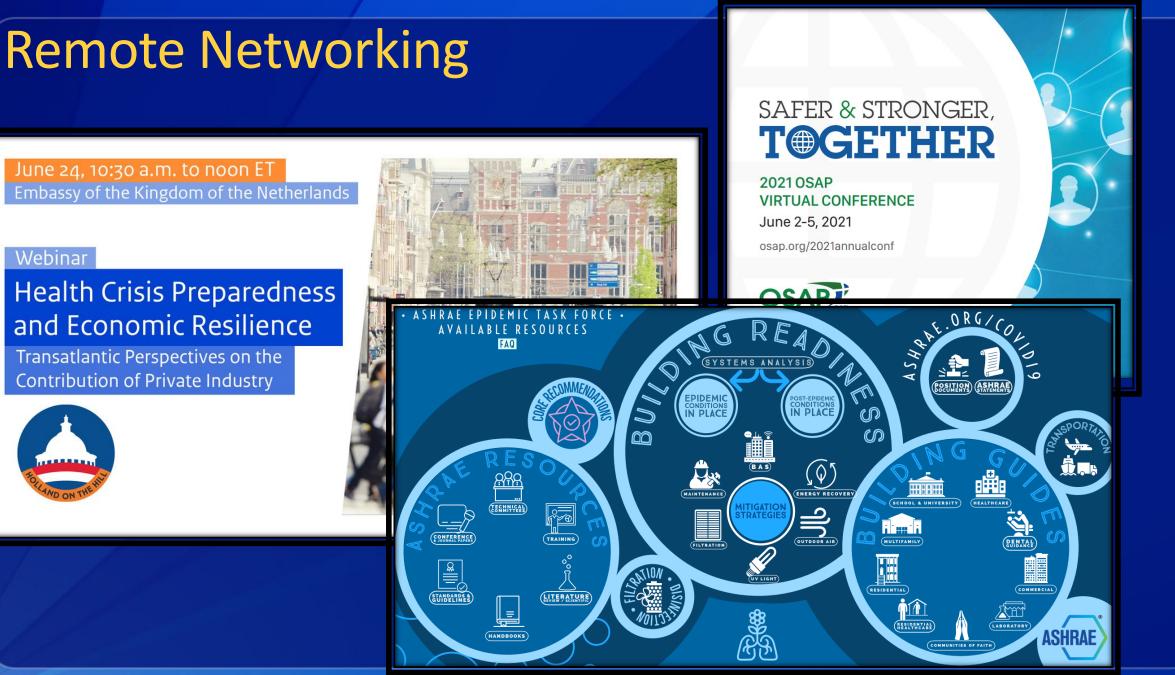
- Leadership in professional organizations
  - Council of Captains, Chair/President
- Mentor/coach officers
- Use leadership experience for broad impact
  - COVID-19 efforts, Emergency Response
  - Promoting Engineering role in Public Health
- Expand networks beyond PHS
  - Career transition after retirement
  - Engineers Without Borders (EWB), civilian employment
  - Academia
  - Consulting



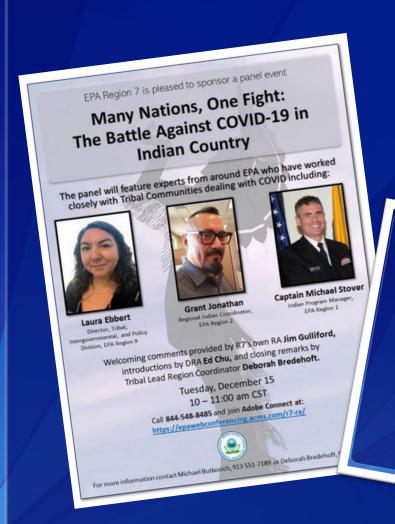
# Poll Question # 5

What are the barriers you have building your network? (select all that apply)

- A. Remote location
- **B.** Intimidation
- c. Limited time
- D. Haven't prioritized until now



### **Remote Networking**



#### Going Virtual!

<section-header><section-header><section-header><section-header><section-header><section-header><text>



# Remote Networking – Opportunities!

- Try not to consider this time as a "pause" in networking! Rather, challenge yourself to explore new ways to diversify your network.
- Technology has advanced by leaps and bounds as a result of COVID. This provides greater access to networking for everyone!
- For officers in remote duty locations and/or in different time zones, technology can allow for participation and networking opportunities that were not available before.
- Technology advancements have provided unique opportunities for virtual trainings, conferences, social events, meetings and mentoring. Take advantage of them!







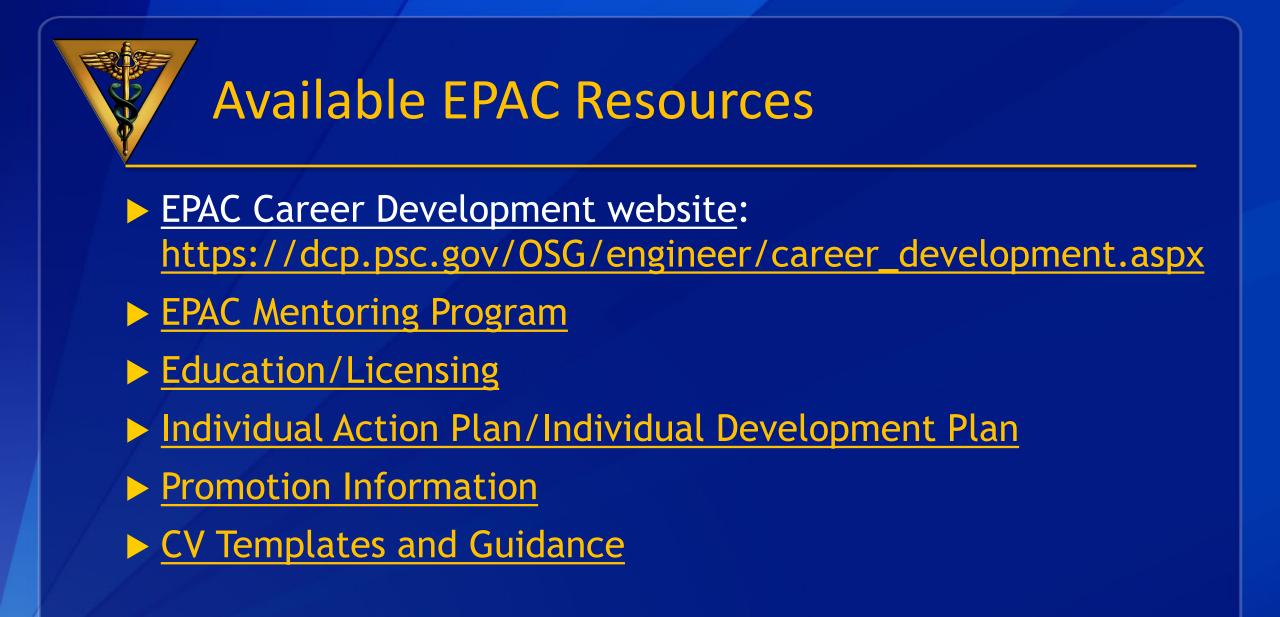
# **Professional Organizations**

$\succ$	EPAC
	<u>JOAG</u>
	<u>BCOAG</u>
	<u>CCWIAB</u>
	<u>SAME</u>

≻ <u>COA</u>
≻ <u>ASCE</u>
≻ <u>SWE</u>
≻ <u>ASME</u>
≻ <mark>ASQ</mark>

≻ <u>APHA</u> ≺
≻ <u>AWWA</u>
≻ <u>EWB</u>
≻ <u>ASHRAE</u>
≻AIHA

≻ACGIH
>NSPE
>OSG Initiatives
>Other



# Other N

# **Other Networking Resources**

- Forbes: <u>10 Reasons Why Networking Is Essential</u> <u>For Your Career</u>
- Forbes: <u>How To Build A Powerful Professional</u> <u>Network Early In Your Career</u>
- AMSUS SmartBrief on Leadership
- CC Officers USPHS Unofficial Facebook Group
- Women's Leadership Support Group YouTube Podcast
- SAME National <u>Twitter</u>





Success Strategies for Networking in Person and Online



Gloria Petersen



# **CPO Remarks**

Purpose of Council of Captains
Officer Pride
Upcoming Events
Other



## **Upcoming Events**

- December 6: 2022-2023 SAME Leadership Development Program application deadline
- December 9: Final EPAC CY2021 General Meeting (1500-1630 ET)
- December 10: 2022 DC Post Leadership and Mentoring Program application deadline
- January 2022: EPAC CY2022 Kickoff Meeting
- **February 2022:** E-Week Activities & Chain of Command (FDA)
- February 2022: AMSUS Annual Meeting In person Feb7-10, Virtual Feb22-25
- Chief Engineer and SAME Awards (Spring Cycle): applications opens from Jan1 to Feb7



#### Acknowledgements

CPO Chair: RADM Edward Dieser

- Council of Captains Panelists
  - CAPT David Harvey
  - CAPT Jill Hammond
  - CAPT Michael Stover
  - CAPT Stephen Martin

- Lead: LCDR David Dar
- Moderator: LCDR William Chang
- Coordinator: LCDR Monica Murie
- Polling: LCDR Mary Millner
- CDS Chair: CAPT Eric Hanssen
- CDS Vice Chair: LCDR Mike Simpson
- EPAC Chair: CDR Deborah Cox