2023 Community Wellness Subcommittee Organizational Chart

Executive Secretary
LCDR Jennifer Weekes
CDR Diana Guidry

Chair
LCDR Tracy Avila

Co-Chair
CDR Danielle DiDonna

XO
LCDR Pamela Ogonowski
LCDR Jennifer Weekes

Awards/Certificates
Lead -LCDR Candace Karber

Teams

Communications
Lead - CDR Alberta Mirambeau
Co-lead– CDR Monique Salter

- **Max.gov**
  Lead - CDR Latrece Timmons
- **Website**
  Lead - LT Lance Pittman
- **Social Media Liaison**
  Lead - LT Lance Pittman

Measurement/Evaluation
Lead - LT Danielle Gilliard-Pella
Co-Lead -CAPT Tricia Booker

- Surveys
- Evaluations

Officer Wellness
Lead -CDR Allah-Fard Sharrieff
Co-lead -LCDR Evette Pinder

- Resilience Through Meditation
- Deployment Resiliency
- Family Support
- Suicide Prevention

Policy/S.O.P.
Lead– LCDR Jeremy Hyrczyk

- **S.O.P.**
  CDR Jeremy Bruno
  CDR Neil Mafnas
  LCDR Evette Pinder

Community Wellness Events
Lead– Vacant
Co-Lead—CAPT Janet Cliatt
CDR Nisha Antoine

- COA Wellness Room
- Category Day Surgeon General's 5K
- AMSUS
- SG Town Hall

Initiatives/Campaigns
Lead –LCDR Shercoda Smaw
Co-Lead—CDR Camille Mitchell

- Public Health Week
- Community Suicide Prevention: Walk out of Darkness
- PACE
- Wellness Calendar