Health Services Officer (HSO) Peer to Peer (P2P) Mentoring Program Enrollment Form

Welcome to the HSO Peer to Peer (P2P) Mentoring Program! As a PHS officer, "Mentoring" is not only one of the Factors under Officership in our <u>PHS Benchmarks</u>, but more importantly, a way to receive one-to-one guidance as we navigate our PHS careers. This program connects same rank officers with similar interests and/ or career aspirations for career development, networking, and overall support.

The peer-to-peer relationship provides a co-learning environment between two officers navigating same stages of their PHS career and allows for more open dialogue on challenges and guidance than what is found with traditional coaching or mentoring, where the primary benefit is intended for the less-experienced officer. All participants are expected to connect with their peer mentor at least every other month *[this is also the minimum* required engagement to be considered an active pair (for end of year recognition)].

Please answer the below questions so we can find the best match for you. If you have a peer mentor you're requesting by name, please let us know below. Once you've completed this enrollment form, please submit it to the P2P mailbox at P2P.HSPAC@gmail.com and include "P2P Application" in the subject line. Once you have been matched, you will receive a "Welcome to P2P" email with next steps. Please be advised that pairing is dependent on available same rank officers meeting requested match criteria so there may be a delay between application submission and pairing. Thank you for your interest in P2P! For any questions, please reach out to P2P.HSPAC@gmail.com.

Section I. Demographics

- 1. Current Rank
- 2. First Name
- 3. Last Name
- 4. Email

Government Email Address

Personal Email Address

- 5. Best contact phone number (ex. 1112223333)
- 6. Number of years in the USPHS

- 7. What time zone do you work in?
- 8. Current OPDIV/Agency

Other, Specify

9. Qualifying Degree

Other, Specify

- 10. PAG you most align with/are most interested in/active with
- 11. Self-identified Gender
- 12. Parent
- **13. Prior Service**
- 14. Ready Reserve

Section II: Interests

15. On a scale from 1-5 (1 being low and 5 being high), self-identify your perceived knowledge in the following topic areas

- a. USPHS Career and Promotion (e.g., Category Benchmarks, Promotion Process)
- b. Career and Workplace Strategies (e.g., Finding a job, leadership, managing up)
- c. Deployment (e.g., Deployment roles, Deployment preparation)
- d. Personnel Issues (e.g., leave, pay, health and weight maintenance)
- e. Office Moves/Mobility (e.g., BAH, Moving)
- f. Officer Support (e.g., Commission Officers' Association; Professional Organizations and Associations for Officers)
- g. Work Life Balance and Benefits (e.g., Officer Benefits, USPHS Public Health Athletics)

16. Place the following in rank order, 1-7 (first being your top preference and seventh being your last preference for topics to discuss with your paired officer)

- a. USPHS Career and Promotion (e.g., Category Benchmarks, Promotion Process)
- b. Career and Workplace Strategies (e.g., Finding a job, leadership, managing up)
- c. Deployment (e.g., Deployment roles, Deployment preparation)
- d. Personnel Issues (e.g., leave, pay, health and weight maintenance)
- e. Office Moves/Mobility (e.g., BAH, Moving)
- f. Officer Support (e.g., Commission Officers' Association; Professional Organizations and Associations for Officers)
- g. Work Life Balance and Benefits (e.g., Officer Benefits, USPHS Public Health Athletics)

17. Place the following in rank order (first being your top preference and eighth being your last preference for purpose of pairing you with another officer)

- a. No preference
- b. Same OPDIV/Agency
- c. Parent (An Officer with a child/children)
- d. Prior active-duty service
- e. Same state (state you work in/from)
- f. Same PAG that I most align with/am most interested in/active with
- g. The same self-identified gender as myself
- h. The same Ready Reserve status
- 18. Would you be open to being paired with more than one peer mentor?
- 19. If open to being paired with more than one peer mentor, how many officer would you be willing to pair with
- 20. If you have a pre-identified peer within the program that you would like to be paired with, please include their first and last name below.