HANOI Halphong Ninh Binh O 0 Bach . Long Vi Thanh Hoa O Hainan Gulf of Tonkin VIENTIANE SOUTH Dong Hoi CHINA ODong Ha Obon Rat (Vietnam ODa Nang Cy Lao Chem Tam Ky CV Las Re OPleiku BANGKOK Quy Nhon OTuy Hoa **Buon Ma** O Thuot O Nha Trang Q Cam Ranh Phang Rang-Thap Cham PHNOM PENH Ho Chi Minh City Cu Lao Thu Rach

Introduction

- Officially known as the Socialist Republic of Vietnam
- Located at the eastern edge of mainland Southeast Asia
- Neighboring countries: China, Laos, Cambodia, Thailand,
 Philippines, Indonesia, and Malaysia
- Capital: Hanoi
- Largest city: Ho Chi Minh City
- 2021 Population: 97.5 million
- National language: Vietnamese
 - 110 officially recognized dialects and languages spoken in Vietnam

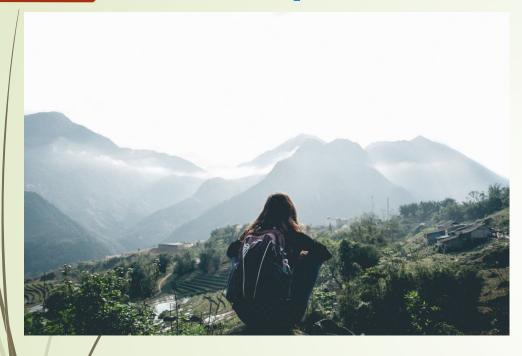
Introduction (cont'd)

- There are 63 provinces and municipal cities in Vietnam
- 54 ethnic groups recognized:
 - ► Kinh (Viet) 85.7%, Tay 1.9%, Thai 1.8%, Muong 1.5%, Khmer 1.5%, Mong 1.2%, Nung 1.1%, Hoa 1%, other ethnicities 4.3%
- Economy based largely on agriculture
- Religions: main religion Vietnamese folk religion
 - Buddhists 4.79%, Catholic 6.1%, Hao Hao 1.02%, Cao Dai 0.58%, Protestant 1.0%, other religions 0.2% (according to the General Statistics Office of Vietnam 2019 data)

Best Places to Visit

- Sapa
- Ha Giang
- Hanoi
- ► Ha Long Bay
- Phong Nha Ke Bang National Park
- Hue
- Da Nang
- Hoi An
- Ho Chi Minh City
- Phu Quoc

Sapa





Ha Giang





Hanoi









Ha Long Bay





Phong Nha – Ke Bang National Park









Hue





Da Nang





Hoi An



Ho Chi Minh City



Phu Quoc



Notable Cultural Traditions and Activities

►Family Life

- □ Tradition
 - ✓ Three or four generations living under the same roof
 - ✓ More children more fortunes
 - ✓ Influenced by Confucianism and the feudal view of male preference

Notable Cultural Traditions and Activities (Cont'd)

►Family Life

- Today
 - ✓ Two or three generations
 - Most couples have only two children
 - ✓ Men's superiority over women is weakening
 - Respect for the elderly and love for the children

Notable Cultural Traditions and Activities (Cont'd)

Traditional Vietnamese Dress (Ao Dai)





Special/Common Food from Vietnam Culture

- Fresh foods daily
- **Pho**
- **■**Egg rolls



Special/Common Food from Vietnam Culture (Cont'd)

- ■Banh mi
- Gọi ngo sen
- Vegetarian food



Facts about Vietnam Cultural Sports

- Canoeing
- Swimming
- Diving
- Horse races
- Elephant races
- Arrow and cross-bow shooting
- Soccer
- Boxing
- Cycling
- Tennis

Vietnamese Music & Entertainment

- Royal Court
- Palace
- Banquet
- Refined
- Confucian Temple
- Great

Vietnamese Music & Entertainment

- Dancing
- Popular Theatre
- Reformed Theatre

Resources

- https://vietnamembassy-usa.org/
- https://vietnamembassy-usa.org/vietnam/culture
- http://tourism.vietnamembassy-usa.org/
- https://vietnam.travel/plan-your-trip/health-safety
- https://wwwnc.cdc.gov/travel/destinations/traveler/none/vietna
 m

Q&A

- MOLC Website
- ■CDR Trang Tran (<u>trang.tran@fda.hhs.gov</u>)
- LCDR Tramara Dam (tramara.dam@fda.hhs.gov)