

PROMOTION CURRICULUM VITAE COVER PAGE

LT Olivia Benson, NP-C, CPH, MSN

December 2021

PERFORMANCE

- **Nurse Practitioner**, Danbury Federal Correctional Institute (FCI), Bureau of Prisons (BOP) 2019-present
- Maintains primary care patient panel of >150 females, providing >7,000 encounters annually of comprehensive acute, chronic, and urgent care services to an underserved population
 - FY2021 Clinical outcomes (Averages): A1C - 8.1, Systolic BP – 134, Diastolic BP 82, HIV Viral Load 92% <50
- Led FCI Danbury staff wellness program, conducted 5 health education classes for 30+ security staff on wellness, including diet, exercise, stress reduction, and mental health.
- **PHS AM (2020)**: Initiated and led a new hypertension management program: Decreased the percentage of patients with uncontrolled blood pressure from 30% to 11% from January to June 2020.
- **BOP Danbury FCI Employee of the Quarter** in Q3, FY2020: Implemented diabetes opt-out screening program
 - Identified 5 new cases of diabetes, which enabled earlier treatment and prevention of complications.
- **PHS CIT (2018)**: Developed women’s health tracking system to ensure 100+ female patients received cervical cancer screening as recommended by USPSTF
- **PHS UC (2017)**: **FDC Houston Hurricane Harvey Response Team** - Provided continuous medical support during shelter-in-place flooding conditions that lasted for >5 days
- **Awards since last promotion**: CRSA (2019), COVID-19 PCM (2020)

EDUCATION, TRAINING, and PROFESSIONAL DEVELOPMENT

- **Master of Science in Nursing**: Adult-Gerontology Nurse Practitioner (MSN-AGNP), Texas Woman’s University 2019
- Bachelor of Science in Nursing (BSN), New York University 2014
- **Certified in Public Health (CPH)** 2018
- **PACE**: Presented at 2 local elementary schools on hand-washing and healthy dental habits, 68 attendees 2021
- **Certified Trainer: Opioid Overdose/Naloxone Administration** 2019
 - **Led 3 classes and certified 26 individuals** in opioid overdose recognition and naloxone administration

CAREER PROGRESSION and POTENTIAL

- **Nurse Practitioner [MP 1,2,3,4]**, Danbury Federal Correctional Institute (BOP), Danbury, CT (O-4 billet) 2019-2021
 - Collateral Duty: Coordinator, Medication-Assisted Treatment (MAT) Program
 - Manage facility-wide caseload of 18 individuals currently receiving MAT therapies to combat opioid addiction
- Senior Staff Nurse [MP 1,2,3,4], Federal Detention Center Houston (BOP), Houston, TX (O-3 billet) 2018-2019
 - Coordinator, Quarterly Blood Drive – Organized 7 blood drives that collected >100 pints of blood
- Staff Nurse [MP 1,2,3,4], Federal Detention Center Houston (BOP), Houston, TX (O-2 billet) 2015-2018
 - Co-Lead, Feds Feed Families Food Drive – Organized collection and disposition of >500 pounds of food donations/yr
- TDY: FCI Marianna, Marianna FL - Hurricane Michael Response & Evacuation (2018) – 7 days
- TDY: FCC Beaumont, Beaumont, TX – Led flu vaccine administration efforts during critically short staffing – 14 days
 - Administered >600 doses of influenza vaccine and ensured appropriate documentation for continuity of care

PROFESSIONAL CONTRIBUTIONS and SERVICES to the PHS COMMISSIONED CORPS

- **PHS Deployment: Women’s Health Practitioner**, Remote Area Medical, Houston, TX – 4 days 2020
- **PHS Deployment: Presidential Inauguration**, Washington DC – 5 days 2017
- **PHS Deployment: BOP Hurricane Harvey Response**, Houston, TX – 10 days 2017
- Peer Reviewer, (APHA) American Public Health Association’s *American Journal of Public Health* 2019-present
 - Reviewed 13 abstracts and provided constructive feedback and/or approval for publication
- **N-PAC Communications Subcommittee**
 - **Website Workgroup Member** 2018-present
 - Revised 2 subcommittee pages viewed by 3,000 people and created a template for social media posts
 - **508 Compliance Workgroup Member** 2016-2018
 - Reviewed 14 documents and provided extensive edits to ensure accessibility for persons with disabilities
- Presented at Nursing Category Day on FCI Marianna Hurricane Michael Response and Recovery Efforts 2019
- Authored article in *Journal of the American Association of Nurse Practitioners* 2020
- **Mentee**: N-PAC Mentor Program Mentee, Mentor CDR Alexandra Cabot 2017
- **Mentor**: BOP Nursing Mentor, Mentee LTJG Perlina Edozi 2020-2021
- **PHS Visibility**: Presented at University of Texas School of Nursing on JR and SRCOSTEP opportunities 2016-2019
 - Recruited 2 applicants to IHS JRCOSTEP & 4 applicants to multi-agency SRCOSTEP programs, 1 CAD (BOP)