DEPARTMENT OF HEALTH AND HUMAN SERVICES
U.S. Public Health Service Commissioned Corps
Division of Commissioned Corps Personnel and Readiness

VERIFIED WEIGHT REPORT

Instructions: If possible, officers should be evaluated by an active-duty commissioned officer from the United States Public Health Service or one of the other Uniformed Services. When unavailable, officers can be evaluated by an active-duty commissioned officer remotely (via live or recorded video) or by a federal employee non-officer adult in person. Officers may also be evaluated by their healthcare provider. The person evaluating the officer is referred to as the testing official. Enter whole numbers for height and body weight (round down for values 0.4 and lower and round up for values 0.5 or higher).

This form should be uploaded through eDOC-U.

Section A

1. Date Tested *(mm/dd/yy)*	2. Officer's Name *(Print Last, First, Middle Initial)*	3. Rank/Grade

4. PHS Serno	5. Height *(in feet and inches no shoes)* *(feet)* *(inches)*	6. Weight *(in pounds, light clothing)*	7. BMI *(kg/m^2)*

BMI = [body weight in lbs. x 703] ÷ [height in inches]^2

If BMI Greater Than 27.5, Complete Section B, Otherwise Leave Blank

Section B

Officers must use method described at https://dcp.psc.gov/ccmis/weightstandards_m.aspx to obtain measurements recorded below.

8. Waist *(at narrowest)* *(in)*	9. Hip *(at widest)* *(in)*	10. Neck *(at narrowest)* *(in)*	11. Gender ☐ Female ☐ Male	12. Body Fat %

Signatures

Testing Official *(Print Last, First, Middle Initial)*	PHS Serno *(Corps Officers Only)*

Testing Official's Signature	Testing Official's Email Address
Officer's Signature	**Officer's Email Address**

NOTE: I understand that the falsification or other nondisclosure of material medical information may result in the immediate close out of my application or my separation from active duty without benefits at any time during my career. The determination of material non-disclosure (a form of misconduct) is made by the Director, Division of Commissioned Corps Personnel and Readiness, and this decision is final, in accordance with CCPM 23.8 INSTR 6 "Disability Retirement" and CCPM Pamphlet No. 47 "Disability Evaluation Manual for the Commissioned Corps of the U.S. Public Health Service".

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