



U.S. PUBLIC HEALTH SERVICE COMMISSIONED CORPS

COMMISSIONED CORPS HEADQUARTERS

Rockville, MD 20852

Active Duty/Ready Reserve Corps Medical Waiver Recommendation

Officer Name _____ SERNO _____

Officer phone number: _____ Officer email: _____

Provider: I recommend waiving the officer from the following requirements (select all that apply):

Limit Item:

Waiver Expiration date: ____/____/____
(maximum of 6 months)

- ☐ Deployment
- ☐ Cardiorespiratory endurance exercise of PFT
- ☐ Upper body endurance exercise of PFT
- ☐ Core endurance exercise of PFT
- ☐ Weight standards
- ☐ Basic Life Support (BLS) Training
- ☐ Immunization, identify the vaccine(s) _____
- ☐ Uniform: Shoe
- ☐ Shaving facial hair

Other considerations

- ☐ Officer is pregnant
- ☐ Officer is breastfeeding
- ☐ Other _____

Estimated due date ____/____/____

Please complete this bottom section **OR** provide medical documentation (e.g. clinic note) that addresses the following information.

(1) Diagnosis and/or Symptoms _____

Treatment/Plan: _____

(2) Diagnosis and/or Symptoms _____

Treatment/Plan: _____

Additional notes (if needed):

Provider and credentials/specialty: _____

Provider signature: _____ Date: _____