

**U.S. DEPARTMENT OF HEALTH  
AND HUMAN SERVICES**

**PERSONNEL POLICY MEMORANDUM**



**PPM 14-004**  
**EFFECTIVE DATE: 4 June 2014**

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**By Order of the Assistant Secretary for Health:**

**Howard K. Koh, M.D., M.P.H.**

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**TO:** This Personnel Policy Memorandum (PPM) applies to all officers of the Commissioned Corps of the U.S. Public Health Service (Corps) on active duty.

**SUBJECT:** Revisions to Manual Circular 377 and PPM 04-003

1. This PPM amends Manual Circular (MC) [MC377](#), "Basic Level of Force Readiness Standards for the Corps", dated 2 July 2004, and PPM 04-003 dated 4 October 2004, by:
  - a. Effective 1 July 2015, all references to the President's Challenge and associated references are removed in their entirety.
  - b. Effective immediately, Section 3.a. of MC377 is replaced with "This Manual Circular applies to all Corps officers serving on extended active duty."
2. The Surgeon General shall establish an evidence-based Annual Physical Fitness Test (APFT) to replace the President's Challenge, as well as the "APFT Standards for Basic Level of Force Readiness" in Exhibit I of PPM 04-003. The Surgeon General's evidence-based APFT standards will be effective on 1 July 2015.
3. This PPM may be supplemented by a Policy Operations Memorandum (POM) promulgated by the Surgeon General.
4. This PPM will remain in effect until recinded.

-signed-  
Howard K. Koh, M.D., M.P.H.  
Assistant Secretary for Health