

# APFT Event Submission Form

This form is used to gather information about upcoming APFT events which are then published on the [JOAG APFT event calendar](#). Please email this form to the JOAG APFT team at [Apftrdwg@gmail.com](mailto:Apftrdwg@gmail.com). Forms are requested at least one (1) month in advance of the event for time to publicize the event.

**Date of Event:**

**Event Time:**

**Arrival Time** (if different):

**Location** (include complete address and additional directions if needed). Is event indoors or outdoors?

**Event Leader** (name and rank, phone number on the day of the event, and e-mail):

**Cardiorespiratory Events Offered** (if using the treadmill/elliptical/bike, specify if there is a limit to how many officer can participate based on number of pieces of equipment offered):

\_\_\_ Run

\_\_\_ Run on  
treadmill

\_\_\_ Elliptical

\_\_\_ Bike

\_\_\_ Swim

**Other information** (parking, additional directions, additional points of contact, if there will be events after the APFT, such as going for breakfast or lunch, etc.):