

Let's Move! Project: Site /Event Information Collection Tool

Information Needed	
1. What Let's Move Activity is being proposed?	MyPlate Relay Race
2. What activities / teaching will occur during the activity? (Describe in detail the schedule of events, responsible parties, etc.)	The PHS Officers will give a 10 to 15 minute talk to children explaining the MyPlate diagram, and what each food group is. The focus will be on healthy eating tips and explaining to the children how to categorize foods according to their respective groups. The daycare workers will divide the children into 2 different groups. The PHS officers will place a felt board against a wall which will have a picture of the MyPlate image on it. The Board will be 48" by 48". On the opposite side of the room, the daycare providers will place numerous colored pictures as food examples on the floor. The backside of each picture will have Velcro so ensure adherence to the felt board. The children will participate in a relay face which they will begin on the opposite side of the room which is 25' away where the pictures will be on the floor. The children will pick up the pictures and deliver them to the felt board and place each example of a food into the correct food group. While this is taking place, the PHS Officers will encourage the children to make healthy choices.
3. Who is/are the designated USPHS Project Lead(s)? Provide a contact email.	INSERT NAME, RANK, AND EMAIL OF OFFICER(S)
4. What site location has been chosen?	INSERT SPECIFIC NAME OF LOCATION, ADDRESS, AND TELEPHONE NUMBER
5. Identify any co-sponsoring organizations (e.g. local community group, YMCA, school, etc.)	Staff at local daycare center
6. Describe the site that will be utilized for the event (e.g. playground, park, cafeteria, gymnasium, school, daycare, church, etc.)	After School Daycare Center with a large indoor open room that is approximately 500 square feet
7. What is the target audience? (e.g. age of children)?	5 years to 7 years old.
8. Size of group?	25
9. How long is the activity?	1 hour

10. Approximately what date is the event expected to occur? Also, what time of day / day of the week?	During the first week in March, 1500 to 1600 On a Wednesday
11. How many site personnel will be required to be present?	3
12. How many officers are required to be present?	2
13. What materials are needed for the activity & who will supply?	The felt board will be constructed by the Officers and donated to the daycare so that the center may incorporate it into their existing curriculum. The daycare center will produce the pictures, which they plan on using for future lessons on health and nutrition.
14. Will food be provided to the children during the activity?	Fruit and cheese sticks will be provided by the center.
15. What financial costs are involved?	The estimated cost of the felt board is \$50. The pictures should be about \$5.
16. Will parents / guardians be included in the activity?	No
17. Will other Uniformed Services be included?	No
18. What consent or other forms are required by the site to conduct the activity?	None
19. If consent is required, who will obtain? (e.g. officers, site members, children from parents?)	N/A
20. Are any special skills required for the activity?	No
21. Describe any potential security concerns associated with the site or activity.	The daycare center is located inside a mall. It is well-secured.
22. Describe any potential harm to the participants that could occur during the activity.	The risk is minimal other than expected trips and falls occurring during physical activity. The area was surveyed, and there are no specific tripping hazards or other potential risks for injuries noted.
23. Other:	N/A