

Goals Should Be: "SMART"

- Specific
- Measurable
- Achievable/Action Oriented
- Relevant/Reachable
- Time-Bound

Along with establishing a goal the Learner-Advisor team will need to develop an action plan to reach the goal.

Plans Should Be:

- Realistic and attainable
- Concrete and measurable
- Expressed in definite time segments
- Flexible, allow for unexpected
- Written and committed to

Career goals are overall goals reached by accomplishing a series of achievable intermediate goals called benchmarks. Benchmarks provide order and direction for your energies and tell you where have been and where you are going.